

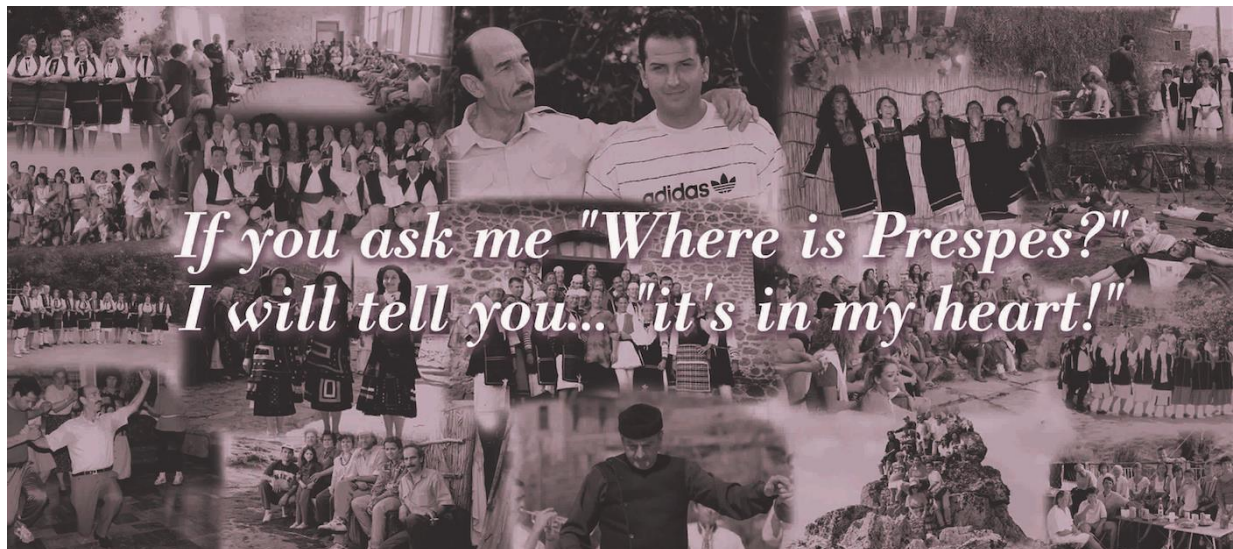


31ST GREEK TRADITIONAL DANCE SEMINAR

5 – 17 August 2017

Lemos village – overlooking Prespes Lakes

YANNIS KONSTANTINOU, HIS FAMILY AND THE ASSOCIATION "LYGKISTES" invite you to join them in the village Lemos, above the beautiful Prespes Lakes, to participate in 12 days of Greek dance, music, rituals and customs. In an area rich in history, local traditions are still alive and can be experienced daily at *glendia* and *panegyria* with local musicians "*xalkina*" ... by the hospitality ("*filoxenia*") of the local people ... by enjoying local specialties ("*gigantes*", "*tsipouro*", "*pites*"), ... and through the natural beauty of the Prespa Basin, an area untouched by tourism.



THE TEACHING PROGRAM

DIMOS GKIKAS: *Sarakatsani & the region of Drama*

YANNIS NIKOLAIDIS: *Pontos*

VANGELIS KAROTSIS & ALEXANDRA VANGELI:
Cycladic Islands

ELLI KAZAKOU: *Epiros*

YANNIS KONSTANTINOU: *Macedonia*

SOTIRIS THEOXARIS: *Thessalia & Agrafa*

LOCATION & ACCOMMODATION:

The seminar is held in Prespa, an historic crossroads region in northwest Greece where distinct peoples, languages and traditions converge in a picturesque basin containing the beautiful Prespes Lakes and the surrounding mountains. The two lakes, the Mikri and Megali, are shared by Greece with its two Balkan neighbors creating a culturally diverse and historically rich mosaic that colors all aspects of life in the region.

Lemos is approximately 2-1/2 hours from Makedonia Airport in Thessaloniki, and less than one hour from the cities of Florina and Kastoria.

ACCOMMODATION: We will stay in Hotel Mimallones or restored Guesthouses in the village of Lemos, in shared rooms for 2 or 3 persons with private bathrooms. A limited number of single rooms are available upon request.

For more information about Prespes and/or Hotel Mimallones, visit www.mimallones.gr

PRICE

The price for the entire seminar is **900 Euro** which includes:

- **Double** or triple rooms with **Full Board** (i.e., breakfast, lunch and dinner)
- Lessons - 5 hours / day - except on days of excursions
- Local transportation for activities and excursions during the seminar.

Single rooms are available with a price supplement of 240 Euro for the 12 days.

There are also limited places for *Accompanying Persons* who do not wish to participate in dance classes, the price is 660 Euro for the entire seminar.

IN ORDER TO CONFIRM YOUR ATTENDANCE:

A completed Registration Form (attached) needs to be returned to Yannis by email.

Deposit 300 Euros per person, **due by 30 June 2017.**

<< Bank instructions for wiring your deposit will be sent upon receipt of your registration. >>

FOR ANY QUESTIONS THAT YOU MAY HAVE, PLEASE CONTACT:

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